

ADEPS ANNUAL REPORT

FOR

THE PHYSICAL YEAR ENDED

2014

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Our mission: To empower grassroots people to strive for their basic needs and generally improve their livelihoods and welfare by promoting a more constructive lifestyle through capacity building, provision of knowledge and information, skills improvement, change of attitude, development programs and provision of materials/capital support.

IMPACT AND PROGRESS HIGHLIGHT

- 720 Community/beneficiaries engagement forums conducted to discuss their health concerns and what needs to be done to overcome the problems in question.
- 15,734 community members empowered to play an active role in health control, management and prevention measures regarding HIV/AIDS, malaria and water – borne diseases.
- 4,000 health related products and material distributed to the community to help in the prevention of diseases under focus..
- 140 children covered under our orphan and vulnerable children (OVC) support programmer.

2014 OVERVIEW

2014 saw ADEPS make steady advances towards their vision of building a strong health, economically vibrant and cohesive society; a society that is free from all sorts of injustices and caste, including social and economic, where every individual can be fully self-reliant. Our strategic plan 2017-2022 remains the main instrument towards this end, for helping all the players involved in the ADEPS intervention efforts drive the community towards the realization of this vision by working to address the problems and issues under our current objective of improving health, promoting economic and educational growth and improving and protecting environment in Tiriki West Division of Vihiga, directly impacting 35,000 community members; 500 women; 300 children; restoring and replanting 20,000 indigenous tree seedlings and grasses in order to promote steady development and help reducing suffering in the area.

PROGRAMS AND PROJECTS

- Health care
- Orphans and vulnerable children (OVC) support program
- Environmental protection and improvement

- Women empowerment.

GEOGRAPHICAL AREA OF FOCUS

Vihiga county – Kenya

HEALTHCARE

Healthcare is one of the areas that falls within our mission to improve the health of the community members so that they are healthy and strong enough to actively take part in development activities and improve their livelihoods where we conduct community engagement workshops to discuss health issues and problems affecting them and together developing appropriate counter measures to address the threat of the diseases under focus in villages. Malaria, HIV/AIDS and water-borne diseases remain some of the major health concerns in the area, bearing so heavily on communities here with malaria alone accounting for 75% of the ailments case reported in the local health institutions in the area and rated as one of the leading killer diseases. This figure is just too high and considering the fact that these local health institutions face a big shortage of the needed facilities. In this regard, these institutions find it extremely difficult handling the situation. In our efforts to help address the anomalies, we mobilize members of the community into small village groups of about 25-30 people for effective communication and management, set out dates for every group and make visits to these groups on the different dates holding regular meetings with these groups and conducting discussions and trainings on health issues that concern them and equipping them with the needed first hand measures to help counter the problems. More so we make visits to health institutions to talk to the patients about these critical first hand precautionary measures that need to be undertaken to avoid coming in contact with the diseases. Also, we make visits to other public gatherings e.g. churches and local leader's public meetings locally known as Barazas to pass the information to the residents as well as carrying on with demonstration activities so as to internalize the process, yet again we make further visits to much deeper rural areas where health services are rarely found, reaching out to the very common ignorant individuals who lack the very important basic health information and provide services while distributing the relevant health products whereby at the end of 2014; 720 workshops and community engagements sessions had been conducted: 15,730 people reached with education messages and 4,000 health related products and material distribution to the community to help manage and control the diseases.

Thereafter we finally arrange for follow up sessions to house hold levels to carry on with further demonstration and to judge how effective our impact is through inspection, monitoring activities measuring the outcome. So far the findings do indicate that almost 60% improvement for those families that keenly followed instructions and properly utilized the knowledge and skills received through small group communication sessions in comparison to those that never received the service. For example;

(i) The impacted families were now able to actively do their part to make their homes and community free from these diseases and there was total fewer number of people suffering as a result of these diseases since they can be prevented unlike before.

(ii) These families are now able to save a lot in terms of ;time taken off work ;the losses incurred by being absent from work, time taken to go to hospital and related transport cost to hospital and medication for us ; cost of buying drugs ; the costs of having to prepare special meals for the sick and the worse of all, losing people through the resulting death and the expenses that follows after and also the schools in the area reporting a decrease in the numbers of children being absent from class work due to the sickness, all that contributes to a strong health and economically vibrant society. Which is in line with our mission and vision?

ORPHANS AND VULNERABLE CHILDREN SUPPORT PROGRAMME (OVC)

(OVC) support program is another area that falls within our mission. Due to hardcore poverty, diseases and the many other varied problems witnessed in this area. Children find themselves in crossfire of all forms of violence and abuse. This includes physical, psychological, injury, neglect exploitation and sexual abuse. HIV/AIDS worsens the situation whereby the death of parents exposes them to more other problems, thereby complicating everything for these children. We work to protect and improve these children's welfare through counseling and rescue services, where the affected children are rescued from the possible perpetrators and taken to our centre for further support services. We also get out to the rest of the community through various public gatherings, churches and others to educate the public in issues to do with children's rights and use the same forums to encourage and educate members of the public on the importance of basic necessities to children which

include shelter, basic education, food , health care, clothing and others, to restore hope into the lives of these children .

We have established a model day care centre to provide a special alternatives for these troubled children, where they can receive normal learning like the rest of the children in a conducive environment, that best suits their situation. More than all, we use this institution to provide a long term and practical solution to the even increasing and elusive poverty menace in the areas, where at the very tender age we mould and build each one of these children according to their disposition, so that they can grow and develop into their true best selves, the best that God ordained them for, as a way of putting to full and proper use each and every owns of strength resident in every individual to enable them to face the future with total confidence and take a dedicated and creative action towards overcoming poverty. With proven results, people who live and work within their own elements, stand 100% chances of succeeding in achieving anything they are capable of and can therefore bring about every change desired compared to those that operate outside their elements on try and era basis.

In this centre we also offer educational and cancelling services; recreational programmers; conduct modification of behaviors in order to carter for these children learning difficulties and remedial education ;organize for individual ,group or family therapy to ensure that all concerned parties e.g. guardian and parents are fully involved in the process for proper parenting and child development for increased results. We also intent to support the progression of students from primary to secondary school through scholarship packages.

At the end of it all, children who go through this program stand 100% chances of succeeding in life and become more reliable members of the society in promoting sustainable development than those outside the program.

ENVIRONMENTAL PROTECTION AND IMPROVEMENT

The rate of environmental degradation witnessed in this area is just unacceptable. The natural resources that provides the only source of livelihoods for these poor locals are carelessly destroyed at the total detriment of man own survival, contributing to almost 90% of the problems and issues affecting people in this area today.

We conduct awareness activities regarding the impact of environmental degradation and the need for comprehensive corrective measures at all levels of the general population, including family and individual levels. We also conduct community engagement workshops to induce the community members on how to utilize and strengthen the existing traditional systems for coping with the environmental degradation and impart them with special knowledge, skills and the remedial measure needed for them to fully take up a complete responsibility on how to effectively and properly utilize and restore the indigenous tree species and grasses, protect, manage and improve their general environment for improved living standards and sustainable development.

WOMEN EMPOWERMENT

Women play a very critical role in the social economic development of our society, yet their contributions is not well recognized, where they are in most cases looked down upon at various levels due to their gender factor and therefore still marginalized and denied essential opportunities needed for them to improve their livelihoods, in that out of every 8 women, 3 cannot access their basic needs.

We work to change the current community perceptions regarding women and not only assisting them engage in income generating activities (IGA), but more so develop them just in line with each one disposition and potentials as the most effective long term and practical way of enabling them to calving poverty and promoting sustainable development because once again within proven result people who operate within their own element stand 100% chances of succeed in achieving even thing they are capable of bringing about every change desire in comparison to those operates outside their elements on try and era basis .

At the same time, we equip them with the needed extra knowledge and entrepreneurial skills and also provide them with startup capital so needed to enable them start and actively participate in came generating activities (IGAs) for them to enhance their earning power and improve their livelihood together with those of their families.

FINANCIALS

Alliance for Development and Population services (ADEPS) is a non - profit that is working to address development problems affecting the community through research and needs assessments studies in poor and a disadvantaged community.

To carry on with this undertaking, we depend on a number of sources to carry on with our planned work and activities, including; products sales, grants and members contributions. Our next medium term plan 2017 -2022 is projected to cost a total of US£ 3,283,398 for the next 5years of our strategic plan. From 2010 up to 2014 our operations was necessitated by support from Government of Kenya through National AIDS Control Council (NACC/CACC) and Uzima Foundation, members contribution and others contributions from the general public.